

## **Edward H. Ridings, D.O.**

Home Address: One Pine Lane, Lewistown, PA 17044

Office Address: 310 Electric Avenue, Suite 230, Lewistown, PA 17044

Birthrate March 5, 1949

Family: Wife Susan Elizabeth

Children Alexis Katherine born November 18, 1978  
Adam Edward born July 13, 1981

Education: General Surgery Residency - completed June, 1981  
J. F. Kennedy Memorial Hospital  
Stratford, NJ

Rotating Internship - completed June, 1977  
J. F. Kennedy Memorial Hospital  
Stratford, NJ

Doctor of Osteopathy - June, 1976  
Philadelphia College of Osteopathic Medicine  
City Avenue  
Philadelphia, PA

Bachelor of Science (Biology) - March, 1971  
The Pennsylvania State University  
University Park, PA

State Licenses: Pennsylvania OS 003806-L  
New Jersey MB 33495

Employment Experience: Schering-Plough Pharmaceuticals  
Microbiologist  
March, 1971 - August, 1972

Professional Memberships: American College of Osteopathic Surgeons

American Osteopathic Board of Surgery  
Certified March 12, 1984 #1058

American Osteopathic Association

Pennsylvania Osteopathic Medical Society

Four Chaplains Legion of Honor Membership  
May 24, 1981

Fellow of the American College of Osteopathic Surgeons  
October, 2000

Affiliated Teacher of the Year, Philadelphia College of  
Osteopathic Medicine, June 20, 2000

Mentor Award, American Osteopathic Association, 2005

Professional Experience (Lewistown Hospital):

Chairman, Cancer Committee - July, 1985 to July, 1987

Chairman, Education Committee - October, 1983 to July, 1989  
July, 1998 to June, 1999  
July, 2001 to present

Member, Board of Trustees -September, 1983 to September, 1989  
July, 1995 to June, 1997

Chairman, Board of Trustees Ethics Committee - September, 1987 to  
September, 1989

Chairman, Nutritional Support Committee - July, 1983 to June, 1991

Chairman, Department of Surgery - September, 1989 to June, 1995, July, 2007,  
July, 2007 to present

Member, Credentials Committee - July, 1987 to June, 2007, October, 2008

Clinical Instructor, Internship and Externship Program - July, 1988 to present

Chairman, New Technologies Committee - August, 1992 to 1995

President, Medical Dental Staff, Lewistown Hospital - July, 1995 to June, 1997

Director of Medical Education, June 1998 to present

Chairman, Awards Committee, ACOS, 2003 to 2006, member 1998 to 2003